

#### 20 may 1 day / 48 km

# ROUTE

You will start your tour in the center of Nantes, a city with 3 rowing clubs since it gathers the optimum conditions for the practice of this sport. The landscape is an urban one yet nature has been well preserved. Over the kilometers houses and beautiful buildings gradually disappear and give way to meadows, castles and manors, known as the « folies de l'Erdre ». From a 40 m wide river you will then enter the Mazerolles plains, where riverbanks are 300 or 400m apart. On the very last kilometers the Erdre River will finally shrinks back to being just a few dozen meters wide! You have reached Nort-sur-Erdre and its charming little port. All along this tour you may have the opportunity to admire herons or other species of migratory birds. It is no accident that François Premier had claimed the Erdre River to be « the most beautiful river in France ».

SIGHTSEEING

This tour on the Erdre River enables the participants to enjoy the wonderful variety of landscapes. The river is bewitchingly calm and the numerous castles bordering it add a very romantic touch to this tour. Conviviality is of the essence since a crepes lunch and white wine tasting will help you share your rowing experience and impressions on the tour and its landscapes. On the way back you can choose to switch teams between the several rowing clubs. As peaceful and exotic as it may be, this tour still represents a tiring effort since you will travel more than 45 kilometers during the day. It is of course possible for rowers to switch in order to row only halfway.

REQUIRED LEVEL





#### PRATICAL INFORMATION

TOUR DURATION 1 day, 20 may 2018



Nantes, on Erdre river

BOATS Recreational four-person sculling boats

## FEES

38 €: without accommodation. 1 meal included (barbecue in a park near water, with sanitary facilities)





35 seats available, 20 €/day





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### CONTACT

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Handi-aviron

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## TO ENLIVEN YOUR STAY

**Tourist office of Nantes** métropole Phone 08 92 46 40 44

«Les machines de l'île» Phone 08 10 12 12 25 http://www.lesmachines-nantes.fr

«Le voyage à Nantes» Phone 08 92 46 40 44 http://www.levoyageanantes.fr



**PROVISIONAL PLANNING** Start at 8.30am, 24 km in the morning and 24 km in the afternoon Arrival at 5pm