

WEEK-END

« DE FORTS EN PHARES »



07 & 08 July

2 days / 60 km



REQUIRED LEVEL



ROUTE

De Forts en Phares offers a unique way of discovering the coats and naval heritage of the region. This tour is meant for experimented sea rowers. It is composed of 3 parts and lasts two days, during which you will discover the coast where oysters and mussels « grow ». Its 58 km long route goes from La Rochelle to Aix Island, via Fouras, Fort Boyard, Fort Enet and La Rochelle old harbor. You will navigate throughout history as you row along Fort Boyard and the many fortifications built in the surrounding cities, such as Rochefort and La Rochelle and to follow the lighthouse and beacons lights along the way.

SIGHTSEEING

This landscape, between land and sea, sprinkled with oyster and mussel beds, as well as fishermen huts along their wooden piers, is called the « Estran ». Its ecological interest makes it part of the Natura 2000 European network. From La Rochelle, the famous medieval city, to Aix Island, described as « a village of stone and water », via Fort Boyard, you will navigate throughout History, from the great expeditions from the 18th century to recent deep sea fishing and sailing. Famous names and faces will guide you all long this journey, such as Napoléon, La Fayette, L'Hermione, Pierre Loti, Bernard Moitessier and the famous Josua, Charline Picon and her windsurf olympic medal..



PRATICAL INFORMATION



TOUR DURATION

2 days, 07 & 08 July 2018



TOUR PLACE

La Rochelle, « pertuis charentais » (sea)



BOATS

Quadruple coastal rowing boat



FEES

125 € : without accommodation, 3 meals included

135 € : with accommodation, 1 night and 3 meals included (camping gear not included)



FOR COMPANIONS

95 € : without accommodation, 3 meals included

105 € : with accommodation, 1 night and 3 meals included (camping gear not included)



SEAT RENTAL

50 seats available, 15 €/day



SAFETY

Supervision : 20 people

Safety boats : 5



PROVISIONAL PLANNING

Participants may arrive the day before, on July the 6th, until 8pm.

Day 1: Welcome from 7.30am to 9am. 9am: Safety briefing – 9.30am: launch

Stage 1: You will row for 23 km from La Rochelle (Port des Minimes) to Fouras (Grande Plage), and pass by the « End of the World lighthouse » and Enet Fort.

Stage 2: You will row 14 km from Fouras (Grande Plage) to Aix island» (Grande Plage), and pass by Fort Boyard. Diner and night spent on Aix island.

Day 2: Stage 3: You will row 23 km from Aix island (Grande Plage) to La Rochelle (Port des Minimes), and pass by La Rochelle's old harbor. Lunch break at the club. Those who arrived by train should consider leaving at 4pm.



CONTACT

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 DE LA ROCHELLE**

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TO ENLIVEN YOUR STAY

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