


25 AUGUST

1 DAY / 29 KM

ROWING LEVEL 

“LA PELLE DU PIED”



 Recreational four-person sculling boats

€ **Rowers : 55 € without accommodation, 1 meal**
Companions : identical fees
60 seats available, 5 €



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PARA-ROWING

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The tour called “La Pelle du Pied” allows rowers to discover the charming French Ardennes. As a short version of the “Meuse and its citadels” journey, the tour connects three rowing clubs: start from the Aviron Sedanais in Sedan, lunch at the club in Flize and arrival at the club in Charleville-Mézières. You will enjoy a unique stay on the water and banks of the Meuse river. Non-rowers can ride bikes to follow the rowers on the green trail “TransArdennaise”.

PROVISIONAL PLANNING

Welcome in the morning (coffee, tea, fruit juice, pastries). A 28-km tour from Sedan to Charleville, barbecue halfway at the club of Flize. Snack on arrival.