

PERTUIS TRIANGLE : LA ROCHELLE, AIGUILLON, RÉ



JUNE 29 & 30
2 DAYS / 55 KM



ROWING LEVEL

ROUTE

This new tour starting from La Rochelle will introduce you to the Breton Pertuis' natural environment and oyster-farming tradition. This 55km long tour between La Rochelle, Aiguillon Peninsula and Ré island will give you the opportunity to navigate on a busy lake. You will go from the Minimes harbor (1st sailing harbor on the Atlantic coast), then along the coasts where you will gaze upon many fortifications before reaching the Aiguillon peninsula, which is a natural reserve filled with migratory birds.



SIGHTSEEING

This tour is meant for experimented sea rowers. It is composed of 3 parts and lasts two days, during which you will discover the coast where oysters and mussels « grow ». This landscape between land and sea which is covered in oyster and whelk's parks is called the foreshore and became part of the European Natural 2000 network because of its rich ecosystem. The Breton is located between La Rochelle, Ré island and Vendée, thus mixing several landscapes. You will navigate from a century old commercial city filled with History, to a preserved natural space, before heading towards «Ré la Blanche» and its many wonders (oysters parks, fortifications, beaches, "water and stone" villages and lighthouses...). During the crossing you will enjoy the natural and architectural richness which makes the international fame of La Rochelle and its surroundings.



PRATICAL INFORMATION



TOUR DURATION
2 days – June 29 & 30, 2019



TOUR PLACE
Breton Pertuis



BOATS
Quadruple coastal rowing boat



FEES
135 € : with accommodation, 1 night and 3 meals included
125 € : without accommodation, 3 meals included
Included : Saturday lunch picnic, diner in a restaurant on Ré Island, night and breakfast in a camping on Ré island - Sunday breakfast at the rowing club in La Rochelle.



FOR COMPANIONS
110 € : with accommodation, 1 night and 3 meals included
100 € : without accommodation, 3 meals included
Bike tour on Ré Island, visiting the villages of «stone and water» and an oyster farm.
(Attention : bike rental not included)



SEAT RENTAL
55 seats available, 15 €



SAFETY
Supervision : 30 people
Safety boats : 5

CONTACT



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TO ENLIVEN YOUR STAY



Tourist Office of La Rochelle
Phone : 0546411468
ot.accueil@larochelle-tourisme-evenements.com
www.larochelle-tourisme.com

Tourist Office of Ré island
Phone : 0546090055
tourisme@iledere.com
www.iledere.com



PROVISIONAL PLANNING
You can arrive Friday between 5pm and 8.30pm
Day 1 : Welcome from 7.30am to 9am.
9am: Safety briefing – 9.30am: launch
Stage 1: You will row for 21 km from La Rochelle (Port des Minimes) to Aiguillon peninsula
Stage 2: You will row 16 km from Aiguillon peninsula to Ré island (Rivedoux beach), passing by Prée fort. Evening meal and night on Ré island.
Day 2 : Stage 3: You will row 18 km from : Ré island (Rivedoux-Plage) to La Rochelle (Port des Minimes) passing by Chauveau lighthouse, the lighthouse "at the end of the world and the old harbor" - Meal at the club.