

« LA CIOTAT L'ILE VERTE » TOUR

This tour will take you navigating around the « Green Island », a natural preserved wooded area surrounding five rocky inlets. This island is located 1,5km away from la Ciotat harbour and is part of the « Calanques » natural park, though it looks nothing like the other islands around Marseilles city. Before reaching it, you will row along part of the Ciotat Bay and admire the famous rocky promontory - called the "Eagle Beak" - which overlooks the sea. You may also visit nearby Mugel Park, the « Palais des Frères Lumières », the shipyard, Saint Pierre, and cap Canaille, but also the Soubeyranes cliffs which are over 390M high and thus one of the highest sea cliffs in Europe.

13 JUNE

1 DAY / 14 KM

ROWING LEVEL 

PRATICAL INFORMATION

TOUR PLACE

Mediterranean Sea

BOATS

Quadruple coastal rowing boat

FEES

15€ : without accommodation, 1 meal included

FOR COMPANIONS

10€ : without accommodation, 1 meal included

Visit to Mugel's National Park and/or "Ciota-den" museum

SEAT RENTAL

30 seats available, 15€



CONTACT

ASSOCIATION L'AVI SOURIRE

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PARA ROWING

Dominique GUENDE



TO ENLIVEN YOUR STAY

TOURIST OFFICE DE LA CIOTAT

04 42 08 61 32
bienvenue@destinationlaciostat.com
www.destinationlaciostat.com

YOUTH HOSTEL OF « LA CIOTAT »

Gite au 27 : 06 11 83 46 98
Du Côté de Chez Soi : 06 63 03 36 41



PROVISIONAL PLANNING

9.30am : Departure from Nautical Base of « La Ciotat »

10am : Mugel Beach (4km)

10.15am : Arrival at "île Verte"

11am : Liouquet Beach (6km)

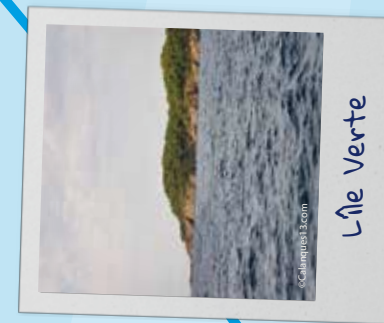
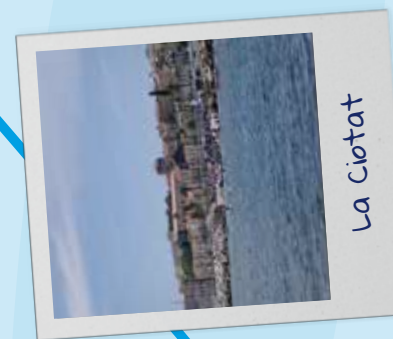
11.30am : Return at Nautical Base of « La Ciotat » (4km)

Arène Cros

START/FINISH
Base Nautique
de la Ciotat

Plage du
Liouquet

4



Méditerranée

île Verte & ses
Calanques

3

La Ciotat

Plage du
Mugel

1

2

Bec de l'Aigle

Day 1

Day 2

Points of interest 