

CROSSING ANTIOCHE

JUNE 27 & 28
2 DAYS / 60 KM

ROWING LEVEL

ROUTE

This 60km long tour is intended for experienced sea rowers in good physical condition. You will discover Antioche strait and its rich natural and historical heritage. You will navigate on a busy bay where you will encounter regatta, oyster farms, ferries across islands and many Vauban fortification along the way. You will go from the Minimes harbor (1st sailing harbor on the Atlantic coast), then along the coasts where you will gaze upon many fortifications before reaching the Oleron island.



SIGHTSEEING

This tour is composed of 3 parts and lasts two days, during which you will discover a landscape called the Estran, between land and sea and filled with oysters and mussels' farms. Une zone qu'enjambent les carrelets, ces cabanes de pêcheurs plantées sur l'eau au bout d'une longue passerelle en bois. Antioche strait is located between La Rochelle, Ré island and Oléron island, thus mixing several landscapes. You will navigate from a century old commercial city filled with History, towards Aix island, last place Napoléon stopped before his exile in Sainte-Hélène. You will then head towards Boyard Fort before reaching the shiny Oléron, famous holiday destination thanks to its many beaches, oyster farms, salt marshes and fortifications.

During the crossing you will enjoy the natural and architectural richness which makes the international fame of La Rochelle and its surroundings.



PRATICAL INFORMATION

TOUR DURATION
2 days - June 27 & 28, 2020

TOUR PLACE
Antioche strait

BOATS
Quadruple coastal rowing boat

FEES
140€ : with accomodation, 1 night and 3 meals included
125€ : without accomodation, 3 meals included

FOR COMPANIONS
115€ with accomodation, 1 night and 3 meals included
100€ without accomodation, 3 meals included

SEAT RENTAL
50 seats available, 15€

SAFETY
Supervision : 30 people
Safety boats : 5

PROVISIONAL PLANNING
You can arrive Friday between 5pm and 8.00pm
Day 1 : Welcome from 7.30am. 9am : Safety briefing and launch
Stage 1 - 25 km from La Rochelle (Port des Minimes) to Aix island through the old harbor and Enet fort
Stage 2 - 10 km from Aix island to Oléron island («Boyardville») through le fort Boyard
Evening meal and night on Oléron island
Day 2 : Stage 3 - 25 km from Oléron island («Boyardville») to La Rochelle (port des Minimes) - 1pm :
Lunch at the club

CONTACT

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TO ENLIVEN YOUR STAY

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