


# BETWEEN TWO RIVERS

 **JULY 11 TO 15**  
5 DAYS / 152 KM

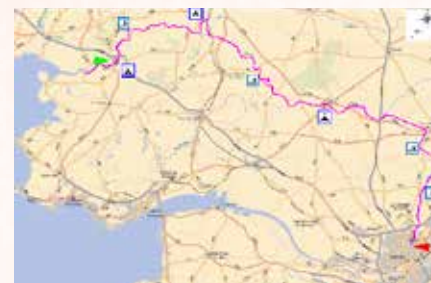
 **ROWING LEVEL**

## ROUTE


This tour will take you from “La Roche Bernard” to Nantes and was largely enjoyed by previous participants for its organization and conviviality. In the heart of nature you will row along the Vilaine then take the canal from Nantes to Brest and reach one of the most beautiful French rivers : the Erdre !! This tour is accessible to rowers with a year of regular practice. The biking tour goes along the canal, and is therefore quite easy.


## SIGHTSEEING


You will enjoy very different landscapes : planted banks, meadows, cliffs and castles. During the two half days biking you will discover the locks along the canal. Meals, cooked by volunteers, will amaze your taste buds and initiate you to the local specialties. Evening games, festive meals and fireworks will enliven your stay. So as to preserve the legendary cosines of our tour, the number of inscriptions is limited to 60.





### PRATICAL INFORMATION


 **TOUR DURATION**  
5 days - July 11 to 15, 2020


 **TOUR PLACE**  
Vilaine and Erdre, rivers - Canal from Nantes to Brest

 **BOATS**  
Recreational double scull, recreational four-person sculling boats

 **FEES**  
**320€** : with accomodation, 4 nights and 8 meals included  
**320€** : without accomodation, 8 meals

 **FOR COMPANIONS**  
Identical Fees

 **SEAT RENTAL**  
60 seats available, 49€

 **SAFETY**  
Supervision : 30 people  
Safety boats : 2

### ✓ PROVISIONAL PLANNING

- Day 1** : 2pm : Travel by bus from the Nantes' rowing club to La Roche Bernard.
- Day 2** : from 9am to 4.30pm : Slipway of La Roche Bernard port, Loop near Arzal dam, lunch at port Folleux, rowing upriver the Vilaine. Landing in Rieux slipway.
- Day 3** : from 9am to 11.30am : Rowing on the canal from Nantes to Brest, passing locks, picnic in Guenrouët port (swimming pool available). From 3pm to 5pm : bike ride on the towpath.
- Day 4** : from 9am to 11.30am : Biking on the towpath from Blain to Vive-Ève. From 3pm to 5pm : Rowing on the canal then on the Erdre river towards the Nort-sur-Erdre bridge. (swimming pool available in the camping).
- Day 5** : from 10am to 5.30pm : Rowing on the Erdre towards Nantes, crossing Mazerolles plains, lunch at Sucé sur Erdre. Arrival at the club after a round trip into the city center.

### CONTACT

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www.aviron-nantes-cll.com

### TO ENLIVEN YOUR STAY

 **Nantes Tourist Office**  
Phone : 08 92 46 40 44  
www.nantes-tourisme.com

**Tourist Office of Sucé-Sur-Erdre**  
Phone : 02 40 77 70 66 - www.cceg.fr

**Nort-Sur-Erdre Tourist Office**  
Phone : 02 51 12 60 74 - www.cceg.fr

**Blain Tourist Office**  
Phone : 02 40 87 15 11 - otsi.blain.free.fr

**La Roche Bernard Tourist Office**  
Phone : 02 99 90 67 98  
www.damgan-larochebernard-tourisme.com