

# «BONNE MER'E» TOUR



**SEPTEMBER 07**  
1 DAY / 30 KM



**ROWING LEVEL**

## ROUTE

The tour takes place in the amazing natural site which is Marseille harbor. You will depart from the old port, with a view upon old monuments from various centuries, (Pharo Palace, MuCEEM, St Jean Fort ...), you will then pass between the If castle and the Frioul islands, then navigate towards the Goudes district, the Maire island and the famous «baie des singes». The meal will take place in the nautical stadium which will host the Olympic Games in 2024. You will then end the tour going along the Pointe Rouge cliff, the Auffes vale, the Gaby islet, to finally discover the military baths and the Catalans beach.



## SIGHTSEEING

You will discover the city of Marseille as did the Greek sailors 2600 years ago. The harbor offers a wide variety of landscapes, from the old harbor to the beginning of the famous calanques. Starting from the century old club located at the entrance of the old harbor, you will see Notre-Dame-de-la-Garde basilica («la bonne mère») which has protected the inhabitants from its millenary promontory, the forts of St Jean and St Nicolas (designed by Vauban), and St Victor abbey. Afterwards you will pass by the lighthouse palace - which Napoléon III offered the empress Eugénie de Montijo - then getting a glimpse of the «cathédrale de la Major» before finally passing the Ifs castle and of course enjoying many calanques in the process. You will pass by If castle, made famous through Alexandre DuMAS's Count of Montecristo. A few oar strokes later you will enter the Calanques park where you may see dolphins.



## PRATICAL INFORMATION



### TOUR DURATION

1 day – September 07, 2019



### TOUR PLACE

Mediterranean sea



### BOATS

Quadruple coastal rowing boat



### FEES

65 € : without accommodation, 3 meals included



### FOR COMPANIONS

Identical fees



### SEAT RENTAL

50 seats available, 25 €



### SAFETY

Supervision : 30 people  
Safety boats : 10



### PROVISIONAL PLANNING

7.30-8am : Welcome breakfast.  
9am : Start of the tour in the Vieux Port  
1pm to 3pm : Lunch break  
5pm : Arrival at the club  
8.30pm : Closing diner (RCM restaurant)

## CONTACT



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## TO ENLIVEN YOUR STAY



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