

PENO LOOP

 **SEPTEMBER 20**
1 DAY / 22 KM

 **ROWING LEVEL**

ROUTE

The tour will first lead you eastward to Almanare beach, famous spot for kitesurf and windsurf competitions. On Giens' peninsula you may admire a rare geographical phenomenon called double tombolo, then follow the peninsula up to Ile Longue and the Fourmiges' wild islets. Afterwards you will leave them at starboard and for a 5 kilometers' long crossing to Bau Rouge's cliffs. You may then follow the coast to go back where you started and discover the beautifully preserved Carqueiranne coastline. This tour makes you wander throughout a «NATURA 2000 » classified area.

SIGHTSEEING


Carqueiranne is a sea resort located between the villages of Hyères and Le Pradet, and the Mont des Oiseaux mountain and the Colle Noire hill. It offers a variety of landscapes, between sandy beaches of Almanarre, the Fourmiges islets, and the rocky shore of Bau Rouge. We are in deep contact with nature so as to respect a well preserved coastline with its numerous conservation areas. Carqueiranne enjoys a microclimate that benefits the cultivation of flowers, especially the tulip, which has become the city's emblem.




PRATICAL INFORMATION


 **TOUR DURATION**
1 day - September 20, 2020


 **TOUR PLACE**
Mediterranean sea


 **BOATS**
Quadruple coastal rowing boat, double coastal rowing boat

 **FEES**
60€ : without accomodation, 2 meals
Saturday - Typical dinner : 25€
Sunday - Packed lunch : 10€

 **FOR COMPANIONS**
Identical fees

 **SEAT RENTAL**
30 seats available, 15€

 **SAFETY**
Supervision : 25 people
Safety boats : 4


 **PROVISIONAL PLANNING**
You may arrive the previous day
9am and 1pm : rowers welcoming, boat distribution and equipment storage.
2pm - 4.30pm : supervised trip.
The circuit around Giens bay is about 23 km. You will start at 9am on Sunday September the 20th from the salettes port, for a return around 12am.

CONTACT

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 **PARA-ROWING**
Didier RENARD

TO ENLIVEN YOUR STAY

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